



**Questions to ask
yourself about whether
you are ready to join the
Youth Advisory Council**

1. Do I feel ready to be meeting with a group of other victim-survivors to make change?
2. What if I become upset when doing the work? Who or what do I have to support me?
3. What parts of my experience am I ready to talk about when it comes to bringing change and what would I rather keep private?
4. Are there any ongoing risks that the person who abused me may create?
5. Am I involved in any court or legal proceedings that could be affected by me being on the Council?



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6. Do I have time to go to the meetings after school hours? (4-6 meetings per year on a Monday but there may be some optional extra meetings as things come up).
7. Do I have a good internet connection and a device to use to meet on Zoom?
8. Will my main parent/caregiver be supportive of me participating or do I have some worries about this I would like to talk about?
9. What will I need from Laurel House to support me in the best way to be part of the Council?
10. What questions do I want to ask Laurel House in my interview? Is there anything I am unsure about or worried about that I want to talk about?

We are more than happy to talk to you about any of your concerns from these questions. You will be given time at your interview for this.